

Summary of Playing Rules for SOYSA house soccer 2005

	U10	U11	U12 Girls	U12 Boys	U14	U16
Equipment	Shin pads mandatory	Shin pads mandatory	Shin pads mandatory	Shin pads mandatory	Shin pads mandatory	Shin pads mandatory
Number of Players	6 (five & goalkeeper)	8 (seven & goalkeeper)	8 (seven & goalkeeper)	11 (Oliver team is small, play smallersided then)	11	11
Minimum players to start game	Lend players to opponents if their roster is short	Lend players to opponents if their roster is short	Lend players to opponents if their roster is short	7	7	7
Size of field of play (ideally)	length: 45-60 yds width: 35-45 yards(1/2 field)	length: 60-80 yards width: 45-55 yds (1/2 field)	length: 60-80 yards width: 45-55 yds (1/2 field)	FIFA, ideally smaller	FIFA	FIFA
Game time/length	2 x 25 minute halves, 5 min halftime	2 x 30 minute halves, 5 min halftime	2 x 30 minute halves, 5 min halftime	2 x 30 minute halves, 5 min halftime	2 x 40 minute halves	2 x 45 minute halves
Player Substitution: * Ref will explain infractions to offending players	* Unlimited (stoppages) * referee's discretion and signal	* Unlimited (stoppages) *referee's discretion and signal	* Unlimited (stoppages) * referee's discretion and signal	* Unlimited (stoppages) * Referee's Discretion and signal	* Unlimited (stoppages) * Referee's Discretion and signal	* Unlimited (stoppages) * Referee's Discretion and signal
Goal Area	6 yds out from inside of each goalpost, then 6 yds out into field. Not needed	6 yds out from inside of each goalpost, then 6 yds out into field. Not needed	6 yds out from inside of each goalpost, then 6 yds out into field. Not needed	FIFA	FIFA	FIFA
Goal Kicks	Must clear the 10 yd penalty area, or retake. Throws & rolls encouraged	Must clear the 14 yd penalty area, or retake. Throws & rolls encouraged	Must clear the 14 yd penalty area, or retake. Throws & rolls encouraged	FIFA: Must clear the penalty area before in play	FIFA: Must clear the penalty area before in play	FIFA: Must clear the penalty area before in play
Penalty Area	10 yds out from inside of each goalpost, then 10 yds out into field	14 yds out from inside of each goalpost, then 14 yds out into field	14 yds out from inside of each goalpost, then 14 yds out into field	FIFA: 18 yards out from inside of each post, then 18 out into field	FIFA: 18 yards out from inside of each post, then 18 out into field	FIFA: 18 yards out from inside of each post, then 18 out into field
Penalty Kicks	8 yards out from midway of goalposts.	10 yards out from midway of goalposts.	10 yards out from midway of goalposts.	FIFA	FIFA	FIFA
center circle diameter and distance allowance at freekicks	8 yd circle. 8 yds back from opponent freekicks	8 yd circle. 8 yds back from opponent freekicks	8 yd circle. 8 yds back from opponent freekicks	FIFA:10 yd circle. 10 yds back from freekicks	FIFA: 10 yd circle.10 yds back from freekicks	FIFA:10 yd circle. 10 yds back from freekicks
Goal Size	Ideal: 6-7ft tall x12 ft wide. (Use what's in place)	Ideal: 6- 7 ft tall x18-21 ft. (Use what's in place)	Ideal: 6- 7 ft tall x18-21 ft. (Use what's in place)	regular size 8x24 ft	regular size 8x24 ft	regular size 8 x 24ft
Offside	No	Yes	Yes	Yes	Yes	Yes
Officials	one center referee	center ref and 2 A.R.'s	center ref and 2 A.R.'s	center ref and 2 A.R.'s	center ref and 2 A.R.'s	center ref and 2 A.R.'s
Out of Bounds restart	Improper throw in explained and given a second chance	FIFA	FIFA	FIFA	FIFA	FIFA
Direct/Indirect Kicks	FIFA	FIFA	FIFA	FIFA	FIFA	FIFA
Slide Tackles	discouraged	discouraged	discouraged	discouraged	FIFA	FIFA
Ball Size	4	4	4	4	5	5
Note:	All players & spectators should be standing on the sideline as opposed to behind goals. Coaches give instruction from sidelines, as opposed to being on the field of play.					